

## **BASIC CARE PLAN GUIDE**

THIS IS ONLY A GUIDE AND WHEN WRITING A CARE PLAN FOR A CHILD OR YOUNG PERSON, PLEASE CONSIDER THE CHILD'S INDIVIDUAL NEEDS AND HOW THESE WILL BE MET.

## **1. OVERALL AIMS - WHY THIS CHILD IS LOOKED AFTER - WHAT ATTEMPTS TO PLACE WITH FAMILY**

KEEP THIS BRIEF, START WITH WHY THE CHILD OR YOUNG PERSON IS LOOKED AFTER. REMEMBER THE CHILD OR YOUNG PERSON WILL READ IT.

HAS WIDER FAMILY BEEN EXPLORED I.E. Family Group Conference

THEN THE OVER ALL AIMS FOR THE PLAN I.E.

TO SUPPORT YOUNG PERSON WITHIN A SAFE ENVIRONMENT IN DEVELOPING HIS LIFE SKILLS TO ALLOW HIM TO LIVE INDEPENDENTLY

OR I.E. AN INITIAL ONE

TO PROVIDE A SAFE, STABLE PLACEMENT THROUGHOUT COMPLETION OF ASSESSMENTS AND COURT PROCEEDING

## **2. NEEDS, OUTCOMES, PROVISIONS AND ACTIONS**

ALL CHILDREN HAVE SOME OVERARCHING NEEDS

THEY NEED A SAFE, STABLE ENVIRONMENT TO LIVE IN

THEY NEED TO BE ENGAGED IN EDUCATION OR TRAINING TO DEVELOP LIFE OPTIONS AND SENSE OF ACHIEVEMENT

THEY NEED TO ACHIEVE AND MAINTAIN GOOD PHYSICAL, EMOTIONAL AND SOCIAL HEALTH

THEY NEED TO DEVELOP AND MAINTAIN A SENSE OF IDENTITY AND BELONGING

WITHIN THESE BASIC NEEDS WE CONSIDER THEIR PLACEMENT, EDUCATIONAL NEEDS AND PROGRESS, GENERAL AND SPECIFIC HEALTH NEEDS, CONTACT, THEIR CULTURAL, RELIGIOUS AND THEIR UNDERSTANDING OF THEIR JOURNEY.

THE NEED FOR A CHILD WILL ALWAYS BE THE ABOVE NEEDS WITH THE ADDITION OF ANY VERY SPECIFIC NEED TO THE CHILD OR YOUNG PERSON

I.E. **SPECIFIC SAFEGUARDING NEEDS** (OFFENDING OR SUBSTANCE MISUSE, SEXUAL EXPLOITATION, TRAFFICKING, ABCONDING OR RISK OF ABDUCTION)

### **OUTCOME**

THIS IS A DROP DOWN BOX OPTION AND NO FREE TEXT IS CURRENTLY AVAILABLE BUT SHOULD BE FILLED IN.

### **PROGRESS TO BE ACHIEVED**

THIS IS WHERE YOU PUT THE MEASURES - HOW WILL EVERYONE KNOW THAT THINGS ARE MOVING FORWARD TO MEET THE CHILD OR YOUNG PERSON'S NEED I.E. ATTENDANCE AT SCHOOL IS IMPROVING .....IS ENGAGING MORE EFFECTIVELY WITHIN CLASS ETC.

### **ACTIONS**

ACTIONS NEED TO BE SPECIFIC AND NOT ABSTRACT SO AVOID THINGS LIKE....

YOUNG PERSON NEEDS TO DEVELOP A POSITIVE RELATIONSHIP WITH THEIR CARER OR PARENT

- HOW IS THIS GOING TO HAPPEN?

THINK ABOUT SUPPORT CARER OR PARENT WOULD BE REQUIRE, ACTIONS SUCH AS HAVING REGULAR SPECIFIED TIME TO SPEND TOGETHER,

FINDING AND ENGAGING IN COMMON INTERESTS ETC., SPECIFIC ACTIVITIES WHICH PROMOTE ATTACHMENT.

AVOID MULTIPLE ACTIONS COVERING THE SAME THING SUCH AS, CHILD AND CARER AND OR OTHER, ALL BEING ACTIONED INDIVIDUALLY TO DO THE SAME TASK.

THERE CAN HOWEVER BE A NUMBER OF ACTIONS UNDER EACH OVERARCHING NEED.

PLEASE DO NOT FORGET TO CONSIDER OTHER AGENCIES, THE PLAN SHOULD REFLECT A MULTIAGENCY PRESENCE IF THERE IS OR SHOULD BE ONE.

### **3. PROVIDER CONTACT NUMBERS**

THIS SECTION IS USED IN MORE SPECIALIST CARE PLANS AND NOT GENERALLY REQUIRED.

### **4. CONTINGENCY PLAN**

PLEASE ENSURE A CLEAR CONTINGENCY PLAN IS INCLUDED. THIS MAY INCLUDE A PRE-DISRUPTION MEETING SHOULD THE IDENTIFIED SUPPORT TO THE PLACEMENT NOT STABILISE IT.

IT MAY INCLUDE A STRATEGY MEETING SHOULD ANY INCIDENTS OF ABSCONDING OR RISK TAKING BEHAVIOURS CONTINUE.

IT MAY INCLUDE AN URGENT LEGAL MEETING SHOULD A PARENT WITHDRAW THEIR CONSENT TO A SECTION 20 ACCOMMODATION,

OR A MULTI AGENCY REFLECTIVE APPROACH MEETING TO CONSIDER AN ALTERNATIVE WAY OF WORKING WITH AND ENGAGING A YOUNG PERSON.

## **5. COMMENTS**

THIS AREA IS FOR THE COMMENTS OF THE YOUNG PERSON OR CHILD AND PARENTS PRIOR TO THEM SIGNING THE PLAN AND NEEDS TO BE THE ACTUAL VIEWS GAINED WITH THEM WHILST DEVELOPING THE PLAN WITH THEM.

## **6. SIGNATURES**

PLEASE MAKE SURE ALL RELIVENT PEOPLE SIGN AND HAVE A COPY OF THE PLAN.

PROFESSIONALS WILL HAVE ACCESS ON CCM ALTHOUGH THIS NEEDS TO BE COMFIRMED SUCH AS WITH PROFESSIONALS WITHIN RESIDENTIAL UNITS ETC.

**ALL CHILDREN AND YOUNG PEOPLE SHOULD HAVE A COPY.**

**FOR CHILDREN WHO WOULD STRUGGLE WITH THE FORMAT OF A CARE PLAN YOU MAY WISH TO WRITE A MORE CHILD FRIENDLY CARE PLAN FOR THEM TO HAVE A COPY OF IN AGREEMENT WITH YOUR PRACTICE LEADER AND IRO.**

PARENTS (CONSIDERATION NEEDS TO BE GIVEN ON AN INDIVIDUAL BASIS DEPENDENT ON AGE OF YOUNG PERSON AND THERE WISHES)

CARERS SHOULD ALSO HAVE A COPY.

**THE CARE PLAN NEEDS TO BE GIVEN TO YOUR PRACTICE LEADER TO QUALITY CHECK AND SIGN BEFORE GOING TO THE CHILD AND PARENT/CARER FOR SIGNING. THEN FINALLY IT COMES TO THE IRO FOLLOWING ANY CHANGES FROM THE REVIEW AND IS SIGNED BEFORE BEING SCANNED ONTO THE CHILD OR YOUNG PERSON'S ELECTRONIC FILE.**

